



# What's coming up?

**January - March 2021**

All programs will be held via Zoom unless otherwise noted. RSVP to get the meeting ID and password by calling Bacoa at (847) 381-5030 or emailing Janine O'Leary at [joleary@bacoa.org](mailto:joleary@bacoa.org). If you haven't used Zoom before, she can help you get started.

## January

**Tuesday, January 5:** Virtual Bingo. 11 a.m.

**Thursday, January 7:** Family Feud. Survey says, "Fun!" Join Janine via Zoom for an afternoon of laughs. 1 p.m.

**Tuesday, January 12:** Virtual Bingo 11 a.m.

**Thursday, January 14:** "Soups On!" Local home cooks share their favorite recipes in this cooking demonstration. 1 p.m.

**Thursday, January 14:** "Bingo and a Beverage." Bacoa and Lake Barrington Shores are teaming up with Right at Home to offer bingo games to be enjoyed virtually with friends during "cocktail hour." Cards are available at the LBS clubhouse or by emailing Janine. 6:30 p.m.

**Friday, January 15:** "Document Preparedness in the New Year." Attorney Rena Ballard from Kelleher and Holland discusses your yearly checklist of important documents. 2 p.m.

**Tuesday, January 19:** Virtual Bingo. 11 a.m.

**Wednesday, January 20:** Cuisine Club at Tacos El Norte, Lake Zurich. Dependent on current state mandates for COVID. RSVP requested by January 13. Cost: \$20. Noon

**Friday, January 22:** Pet Party. Show off your four-legged companion, as a visiting vet from Barrington Animal Hospital discusses pet care and health. 1 p.m.

**Tuesday, January 26:** Virtual Bingo. 11 a.m.

**Wednesday, January 27:** “Decluttering in the New Year.” Vicky Burger from Spiff shares strategies and secrets to cleaning out the junk in the 2021. 11 a.m.

**Thursday, January 28:** “Explore Your Genealogy with the Help of the Barrington Area Library.” Librarian Kate Mills shares the resources available to Barrington Area Library patrons to research their ancestry. 1 p.m.

**Friday, January 29:** Bacoa Bookworms. Book club discussion of *The Giver of Stars*, by Jojo Moyes. Copies are available at the Barrington Area Library. 1 p.m.

## February

**Monday, February 1:** “Get your Zen at 10: Chair Yoga.” Amy Ritchie leads a 30-minute workout. 10 a.m.

**Monday, February 1:** In-person bingo at the Barrington Park District. Dependent on current state mandates for COVID. Limited capacity; RSVP required. \$3. 11 a.m - noon.

**Tuesday, February 2:** Virtual Bingo. 11 a.m.

**Wednesday, February 3:** “Staying Independent in Your Home” Jim Whittington of Extended Home Living Services (EHLS) discusses tools and gadgets to help us in our homes. 1 p.m.

**Thursday, February 4:** “Fire Safety Refresh.” Barrington Firefighter Bruce Peterson will share safety tips and best practices. 1 p.m.

**Saturday, February 6:** Dancing With the Barrington Stars. Who will be the king and queen of the Barrington ballroom? Join the fun at Baca's annual gala. Check our website, [www.bacoa.org](http://www.bacoa.org) for information on tickets, contestants, voting, raffle and more! 7 p.m.

**Monday, February 8:** In-person bingo at the Barrington Park District. Dependent on current state mandates for COVID. Limited capacity; RSVP required. \$3. 11 a.m - noon.

**Monday, February 8:** "Baking with Pastry Chef Taryn Boyle." Taryn shares her techniques and recipes. 1 p.m.

**Tuesday, February 9:** Virtual Bingo. 11 a.m.

**Wednesday, February 10:** "DIY Valentines." Join Janine to make homemade crafts to celebrate Valentine's Day. 1 p.m.

**Thursday, February 11:** "An Afternoon with the Ivories." Concert with pianist Kristen Clark. 1 p.m.

**Thursday, February 11:** "Bingo and a Beverage." Bacoa and Lake Barrington Shores are teaming up with Right at Home to offer bingo games to be enjoyed virtually with friends during "cocktail hour." Cards are available at the LBS clubhouse or by emailing Janine. 6:30 p.m.

**Friday February 12:** "Heart Health with Dr. Dennis." Cardiologist Dennis McNamara shares insights on cardiac health. 11 a.m.

**Tuesday, February 16:** Virtual Bingo. 11 a.m.

**Wednesday, February 17:** "Trivia Challenge." Join Janine for an afternoon of fun. 1 p.m.

**Thursday, February 18:** "Owls of Lake County." Throughout the year, seven different species of owl live in, or migrate to Lake County. Learn about the natural history of each species and their unique adaptations. 11 a.m.

**Friday, February 19:** “Dealing with Depression.” Brian Reynolds, from the Lutheran Home, discusses what to do to prevent the blues and get through the toughest times. *11 a.m.*

**Monday, February 22:** In-person bingo at the Barrington Park District. Dependent on current state mandates for COVID. Limited capacity; RSVP required. \$3. *11 a.m - noon.*

**Tuesday, February 23:** Virtual Bingo. *11 a.m.*

**Wednesday, February 24:** Cuisine Club at Ciao Baby! in Barrington. Dependent on current state mandates for COVID. RSVP requested by February 16. Cost: \$25. *Noon*

**Thursday February 25:** “Brain Health: How Essential Oils Can Improve Neurological Health.” Dr. Jennifer Stelter of NeuroEssence discusses ways to improve cognition. *1 p.m.*

## March

**Monday, March 1:** “Get your Zen at 10: Chair Yoga.” Amy Ritchie leads a 30-minute workout. *10 a.m.*

**Monday, March 1:** In-person bingo at the Barrington Park District. Dependent on current state mandates for COVID. Limited capacity; RSVP required. \$3. *11 a.m - noon.*

**Tuesday, March 2:** Virtual Bingo. *11 a.m.*

**Wednesday March 3:** “Robberies, Hold-Ups, Shoot-Outs and Crimes of Lake County.” Staff from Lake County’s Dunn Museum will examine the historical evidence to focus on the whos, whats, and wheres of fascinating historic crimes in Lake County, ranging from the Rondout Train Robbery to the Fox Lake Massacre. *11 a.m.*

**Thursday, March 4:** The Outsiders trail walk first trail walk of the season, at Citizens Park (weather permitting). *9:30 a.m.*

**Monday, March 8:** In-person bingo at the Barrington Park District. Dependent on current state mandates for COVID. Limited capacity; RSVP required. \$3. *11 a.m - noon.*

**Tuesday, March 9:** Virtual Bingo. *11 a.m.*

**Wednesday, March 10:** Bacoa Bookworms. Book club discussion of *Orphan Train*, by Christina Baker Kline. Copies are available at the Barrington Area Library. 1 p.m.

**Thursday March 11:** “Alphabet Soup.” Brian Reynolds of the Lutheran Home explains what our kids and grandkids are talking about when they speak in letter combinations. Includes a fun acronym quiz! 11 a.m.

**Thursday, March 11:** “Bingo and a Beverage.” Bacoa and Lake Barrington Shores are teaming up with Right at Home to offer bingo games to be enjoyed virtually with friends during “cocktail hour.” Cards are available at the LBS clubhouse or by e-mailing Janine. 6:30 p.m.

**Friday March 12:** “Bring on the Bagpipes: Chicago Highlanders Pipe and Drum Concert.” Drum major Chris Bjornman shares some Celtic music and the how-tos of the bagpipes. 1 p.m.

**Monday, March 15:** In-person bingo at the Barrington Park District. Dependent on current state mandates for COVID. Limited capacity; RSVP required. \$3. 11 a.m.

**Tuesday, March 16:** Virtual Bingo. 11 a.m.

**Tuesday March 16:** Cuisine Club. St Patrick’s Day lunch at McGonigal’s Pub in Barrington. Cost \$25. RSVP by March 8. 12:30 p.m.

**Wednesday March 17:** “The Art of Brunch.” Local foodies share their favorite brunch specialties. 11 a.m.

**Thursday, March 18:** The Outsiders trail walk at Citizens Park (weather permitting). 9:30 a.m.

**Thursday March 18:** “The Journey of the Sandhill Crane.” Through restoration of their nesting and feeding habitats, the sandhill crane population has increased in Lake County. Learn about crane biology and habitat requirements, as well as where you can find cranes in Lake County. 11 a.m.

**Monday, March 29:** In-person bingo at the Barrington Park District. Dependent on current state mandates for COVID. Limited capacity; RSVP required. \$3. 11 a.m.

**Tuesday, March 30:** Virtual Bingo. 11 a.m.

**Wednesday March 31:** “Family Feud.” Survey says, “Fun!” Come join Janine for an afternoon of laughs. 1 p.m.

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Be sure to check our website—[www.bacoa.org](http://www.bacoa.org)—for updates. You can also follow us on Facebook (<https://www.facebook.com/bacoa1/>) and Twitter (@bacoa1)