

BACOA  
REFRAMING AGING  
2018-19 ANNUAL REPORT



# BOARD PRESIDENT



2018 was a transition year at BACOA. Our long-time Executive Director Joyce Palmquist announced her retirement, continuing to guide the organization as we tended to a thorough executive search.

Your Board is truly excited about the appointment of Terri Channer as BACOA's new Executive Director. One of the key assignments we've given Terri is the stewardship of a recently completed three-year strategic plan. Developed by your board with the expertise of a strategic consultant, BACOA's long-term strategic plan calls for increased services to meet the demand for older adult activities throughout the northwest suburbs.

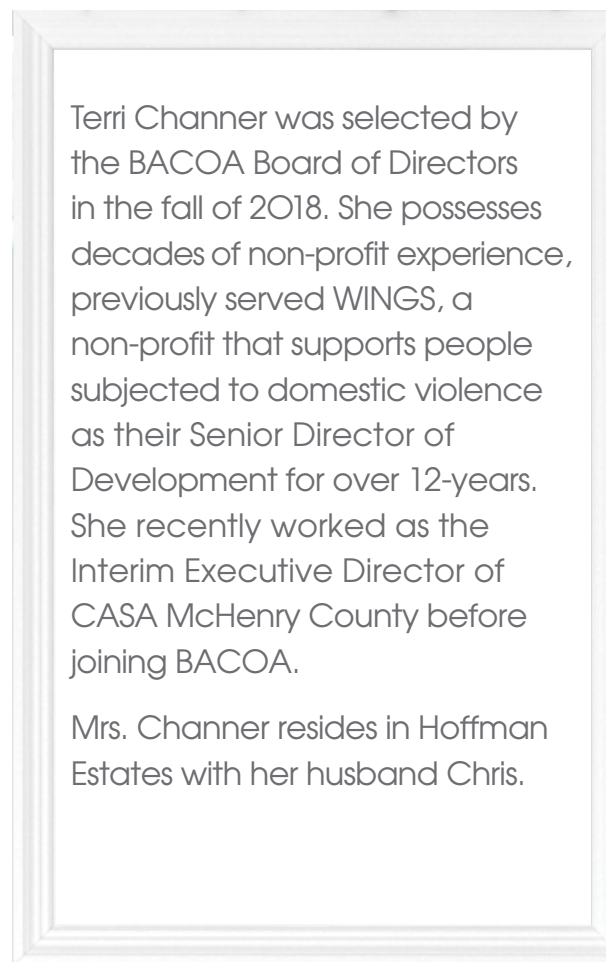
We are convinced that Terri has the business acumen, breadth of nonprofit experience and vision to take BACOA the next level.

These are exciting times. People are living longer, seizing moments, and refusing to accept less than living to their full potential. We agree and will serve as a thought leader and extended family, dedicated to reframing aging, 21st century style.

Richard Resseguie  
*Board President*

BACOA 2018-19 BOARD OF DIRECTORS				
Richard Resseguie <i>President</i>	Dr. James Baird <i>Vice President</i>	Joe Lucas <i>Secretary</i>	Amy Graves <i>Treasurer</i>	Terri Channer <i>Executive Director</i>
Susan Grossinger	Bob Koch	Scott McMahon	Meg Peirce	
Charisse Jensen	Peer Lykke	Ross Morizzo	Mary Ann Roeser	

# EXECUTIVE DIRECTOR



Terri Channer was selected by the BACOA Board of Directors in the fall of 2018. She possesses decades of non-profit experience, previously served WINGS, a non-profit that supports people subjected to domestic violence as their Senior Director of Development for over 12-years. She recently worked as the Interim Executive Director of CASA McHenry County before joining BACOA.

Mrs. Channer resides in Hoffman Estates with her husband Chris.

Older adults in the 21st century are working longer, exercising regularly, traveling extensively and on the go with grandchildren and great grand children. Our community includes a large population of older, energetic people seeking an active lifestyle. Gone are the days of retiring at 65 and watching the world go by.

BACOA is uniquely positioned to answer the call of this new generation of individuals that live life on their terms. We will build upon our proven experience and programs, continuing to lead the way in older adult services. Our strategic plan calls for the expansion of our geographic "footprint" and service delivery to several times the amount of clients we see today.

Careful strategic growth will require a substantial investment in human, physical and promotional resources to achieve our long-term growth goals. As we work to serve this rapidly expanding number of aging clients, BACOA will be extending its scope of services, leaning toward a more active lifestyle.

I am honored to have been chosen as BACOA's Executive Director. Over the past 35-years, our staff, volunteers, directorate and outside partners have created a family atmosphere for many who are facing life without traditional assistance.

My goal is to honor the past, excel in the present and remain committed to supporting active, independent lifestyles. I hope you will join me on this journey of reframing aging in the northwest suburbs.

With Gratitude,  
Terri Channer  
*Executive Director*

# WHO WE ARE & WHY WE DO

## WHAT WE DO

### VISION

The Barrington Area Council on Aging is a community thought leader, acting as an innovator, idea generator, as well as a provider of services for older adults. BACOA's work maximizes experiences and knowledge across generations.

### CORE VALUES

#### RESPECT

Integrity, ethics, inclusion and mutual respect are BACOA's bedrock principles. BACOA will always consider the rights, values, beliefs and talents of everyone it serves, including our partners, vendors and the community at large.

#### COMPASSION

We are committed to creating a healthier community, with compassion at the heart of all we do.

#### STEWARDSHIP

BACOA is a responsible steward of its financial and human resources. It adheres to the principle of excellence in all it does, and its actions are guided by a respect for our clients, donors and the community.

#### CREATIVITY

BACOA is on a mission to reframe aging. We use our collective imagination and collaborative skills to create innovative solutions that align with the needs of active adults in the 21st century.

#### TRANSPARENCY

We conduct business in a straightforward manner, providing full disclosure of funding practices, business operations, and strategic planning. BACOA is committed to open and honest communications and ensures transparency in all actions.

#### INFORMED EXPERTISE

BACOA is an expert on aging, ageism and the constructive roles older adults play in the lives of those in the communities we serve.

### MISSION

The Barrington Area Council on Aging promotes vibrant, healthy aging by providing information, advice and counsel, education, and support to adults, families, and caregivers.

# 2018-19

## OUTCOMES

#### THE FRUITS OF OUR LABOR

The Barrington Area Council on Aging leads the Northwest suburbs of Chicago as the primary resource for older adults, their caregivers and families. In fiscal 2018-19 BACOA provided social service referrals, programs and direct services to 1,100 individuals.

#### CRITICAL PROGRAMMING

BACOA's critical programming ensures older adults receive essential care services when family or friends are absent or unable to assist. Our programming includes:

**CASE MANAGEMENT**- clients in need of assistance with medical issues or service team management turn to BACOA. In many instances our client's situation is critical, requiring anywhere from 40-60 hours of staff time per case. The BACOA staff devotes careful attention to the planning and implementation of a client's care. Last year we assisted 50 clients with situations ranging from simple transportation to complete medical/service coordination.

**MEALS WITH WHEELS**- BACOA served 3,978 hot, nutritious meals to clients with health challenges or low-income situations.



#### GOVERNMENT SERVICE ASSISTANCE — IMPROVING LIVES & SAVING MONEY

In fiscal 2018-19 BACOA's Senior Health Insurance Program (SHIP) counselors saved 220 clients \$147,995.31 on their medications through plan reviews and recommendations. BACOA SHIP Counselors receive specialized training to educate, counsel, empower and advocate for people needing assistance to make informed healthcare decisions.

Once again, BACOA volunteers, with assistance from an AARP Foundation grant, were able to provide free income tax preparation assistance to 263 clients. The average cost to prepare a simple 1040 was about between \$176 and \$273 for an itemized Form 1040 with Schedule A and a state tax return. Total savings to clients was approximately \$59,043.

Additionally, BACOA staff worked with at-risk clients on the following government assistance programs:

- 28 Clients received 129 hours of Medicaid assistance.
- 220 clients were provided with more than 300 sessions of Prescription - Medicare Part D counseling.
- 127 clients met 205 times to receive Senior Health Insurance Program (SHIP) assistance.

# SUPPORT PROGRAMS AND SERVICES

## PROVIDING CONNECTION & PURPOSE

Complications from a fall, a serious illness diagnosis or other challenges make many clients we serve quite vulnerable. BACOA provides a wide range of programs that assist our clients, their care partners and families through very stressful times. Our staff works with a client's care team, providing activity and, enabling people to live a safe, fulfilling life.

Last year BACOA served 1,100 older adults, caregivers or family members through support groups and programs. We combine live education presentations with a media library of information and resources, designed to provide guidance and improve the quality of life for all we serve.

No matter what the health-related challenge may be, BACOA's team is proud to be of service. We offer support group services for:

**ALZHEIMER'S & CAREGIVERS** – A forum for care partners of people with Alzheimer's and other dementias, this small group forum offers an enjoyable lunch, expert advice, educational materials and sharing of local care referral sources.

**LOW-VISION** – Education and encouragement for individuals coping with restricted vision.

BACOA support programs include:

**"A DAY OUT" ADULT DAY PROGRAM** – helping those with mild cognitive or physical impairments, and early stage memory loss connect and engage with others while providing much needed socialization.



**MEMORY CAFÉ** – a relaxed setting in a judgment free zone. Both participants and care companions get the opportunity to socialize and participate in fun activities together while making new friendships and offering support to one another.



## ACTIVE LIVING PROGRAMMING

Research shows that remaining physically and mentally active is essential to healthy aging. Last year we served over XXX clients with a variety of activity programs. Our strategic plan calls for increased emphasis on additional physical and intellectual offerings.

## EXPANDED COMMUNICATIONS

In the fall of 2018 BACOA began work on an expanded communications program that deepens relationships with our clients and community. In November we launched the Reframing Aging Podcast on SoundCloud.



We also distributed our newly redesigned Active Living Newsletter and a companion eNews version. Featured guests are interviewed on the podcast and summary articles of their thoughts are published in our newsletter.



We plan to expand our presence in social media, direct mail and public relations to raise awareness and expand the scope of our mission.

# BACOA'S A DAY OUT ADULT DAY PROGRAM

BACOA'S *A DAY OUT ADULT DAY PROGRAM* offers socialization for those living with mild cognitive-related issues, while providing a much-needed break for their care partners.

Participants are provided with a structured series of guided activities that incorporates discussions about current events along with special

These therapies are known to help slow the progression of Alzheimer's disease and other related dementias.

therapies that include art, pets, nature, dance, music and yoga. These therapies are known to help slow the progression of Alzheimer's disease and other related dementias. The program is facilitated by a Certified Dementia Practitioner who is assisted by trained volunteers. The size of each group is limited to no more than 12 people to enhance the experience for all.

## LIVING TO ONE'S FULL POTENTIAL

In the fall of 2018 we began a group art project that connected generations who worked together on a "Tree of Life" mural. *A Day Out* program members interacted with volunteers and the preschoolers from Lutheran Church of the Atonement to trace one another's hands, used to symbolize the leaves on a giant tree that will adorn the Church's gathering area.

During the project parents of preschoolers stopped by, showing their support of this multi-generational endeavor. The mural was not only symbolic, but also heartwarming. Genuine smiles, focus and laughter were experienced over an age span of eighty plus years. For a brief time everyone worked without inhibition or limitation; they were a family.

We encourage you to visit the program and learn more about the many benefits it provides to older adults and their families.



# FUND RAISING SOCIAL EVENTS

## YEAR TWO DANCING EVENT SETS RECORD

Enjoying momentum from the inaugural *Dancing With the Barrington Stars* event, tickets sold out more than a week prior to the February 9, 2018 gala. A record crowd of 450 people attended, enjoying a lively night of socializing and cheering for dancers who brought their "A-game."

Attendees watched a video that shared the story of a Barrington couple struggling to remain safely in their home. The care team, orchestrated by a partnership between the Barrington Police (who had been called to the home numerous times for assistance) and BACOA, has helped them remain at home. The presentation made our guests aware of the growing need for aging adult supports, and the funding required, so BACOA can continue to meet the growing demand.

*Dancing With the Barrington Stars* is our largest fundraising event, netting over \$120,000. BACOA's board and staff are grateful to committee members, dancers, sponsors and volunteers who devoted numerous hours to make our second annual event a rousing success.



## SCHOLARSHIP FUND HONORS SERVICE OF LONG-TIME ADVOCATES

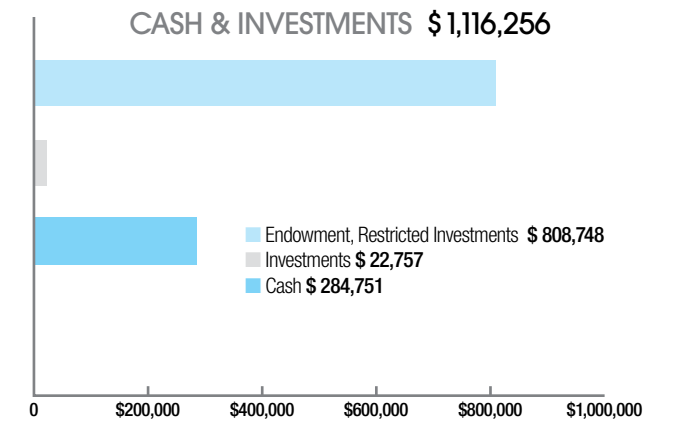
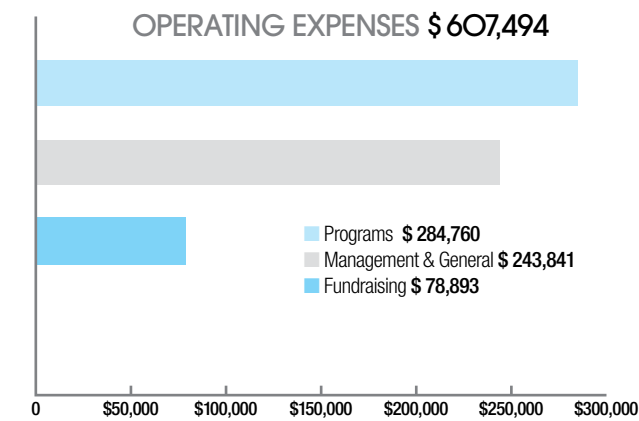
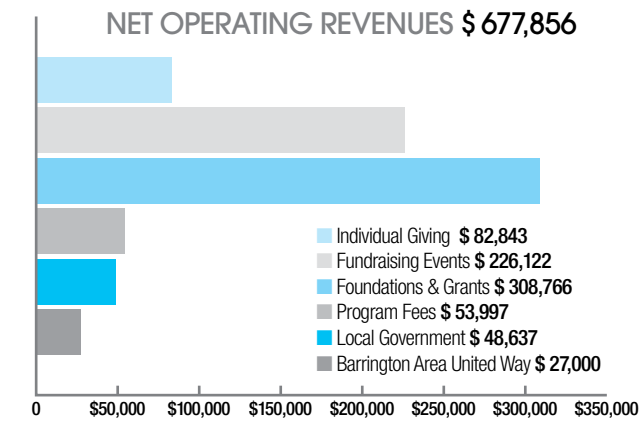
BACOA established a scholarship more than 10 years ago for a Barrington High School senior who aspires to work in a profession related to the care of older adults. Recently, the name of the scholarship was changed to honor two individuals who have long had ties to the success of the organization. Joyce Palmquist served as Executive Director of BACOA for 23 years until her retirement in the fall of 2018. Meg Peirce has served BACOA in a Board capacity for a similar amount of time and has been instrumental in sustaining the scholarship. BACOA is proud to rename this perpetual award the Palmquist Peirce Scholarship.



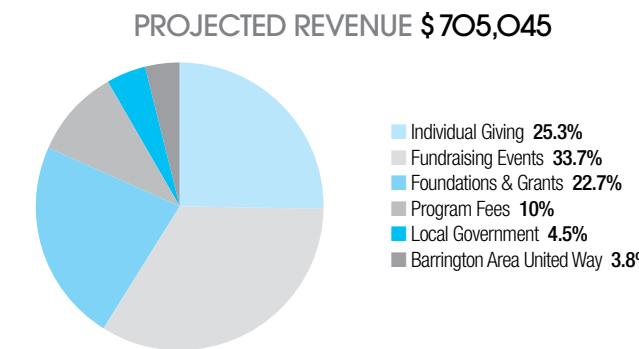
Joyce Palmquist

# FINANCIALS AND BUDGET

## FINANCIALS FISCAL YEAR 2018-19



## BUDGET FISCAL YEAR 2019-20



## EXPANDING OUR CAPABILITIES TO SERVE MANY

During fiscal 2019-20, BACOA will focus on several initiatives that permit us to improve our systems and meet the demand of serving more clients. We will be upgrading office technology, investing in brand awareness communications, expanding partnerships, improving our donor relations and fundraising capabilities and investing in additional programs that promote an active lifestyle.

## FINANCIALS

Serving a steadily growing number of clients, our strategic plan calls for additional focus on grant funding and donor development programs, enabling us to finance BACOA's growth as the Northwest Suburban population ages.

## BACOA VOLUNTEERS FISCAL 2019

It is difficult to quantify the difference our amazing volunteers contribute to the outcomes BACOA delivers for clients. We do know that we could not provide the variety of programs and support services without them. In fiscal 2018, 6,200 volunteer hours were logged by 250 volunteers. The dollar value of this volunteer team is approximately \$153,078, as determined by Independent Sector, a Washington D.C.-based advocacy coalition for nonprofits. During 2018, Independent Sector valued one hour of volunteer time at \$24.69.



# FISCAL YEAR 2018-19

## DONORS

* Indicates Monthly Donors	<b>\$2,500 - \$4,999</b>	Paul Galvin Memorial Foundation Trust Susan Grossinger & John Brodersen * Jodie Hart Jessica & Mark Hoffmann Nick Howard Donna & William Howarth Robert Hoyle Julie & Sean Joyce Daniel Kuesis Stacey Pitzferro PriceWaterhouseCoopers Remember Charlotte's Dick & Kristi Resseguie * Rivers Casino Mary Ann Roeser * Elizabeth Root Robert Schmidt PWC YourCause	Britt Calvert Terri & Christopher Channer * Jeffrey Conrad Suzanne Corr The Corwith Fund Helen Cossio Anthony DeLaurentis Diane & Dick Dickenson Kelly Domenella Alexis Duffy Eastgate Manor of Algonquin Geetha & Richard Fisher Nancy & Ronald Hamelberg * William A Harris Charisse Jensen Hannah Johnson Jackie Kapcheck Debra Melone Susan Norton Sue & Dave Randall Rotary Breakfast Club Russell W. and Priscilla H. Rose Fund Brent Schroeder Cathy Schulze & Denny Coll * St. Anne Catholic Church St. Michael's Episcopal Church Diane & Norval Stephens Dave & Aimee Tanking Thomas Tisbo Uncork Barrington BACC Village of Barrington Village of Lake Barrington	Diane Wamberg Amy & Richard Wickstrom Stella & Nicholas Willmott Stuart Wind Women's Club of Inverness George J. Yapp	<b>\$250 - \$499</b> Accountants Plus Jenn Adams Susan M Adams-Lanham Jacqueline Allen American Legion Post #158 Ginamarie Armocida AthletiCo Brad Baird Lea & Dr. Joseph Baldassano Linda & James S Baumgartner Mary & Robert Beaubien Kent Bellgrau Brenda Borkenhagen John Browning Diana & William Buecking Cedar Lake Assisted Living And Memory Care Debbie Chapman Gail & Joe Collier Karen & Doug Darch Jane & Gene Dawson Catherine W Deevy Stacey DeWeerd Dr. Douglas Pennino, DDS Elite Remodeing Group Moira Fearncombe James G. Fitzgerald Linda Fryer Pamela Gore Terrance Groh Kelly Haradon	Lindsay & Danny Harris Mark W. Harris Jane B Hoffman JBC Pottery Sharla Kinsey Robert Koch Colleen Konicsek Hannigan Ralph Kunzmann Linda Kuta Judy & Cory Lichtenberger Joy Little Melinda & David Lomas Joseph Lucas Daphne Matthews Elizabeth McGrath & Nick Bizony * Mary & Joe McGregor Cindy McShane Rev. Laurie & Gregory Michaels Paul Nearing Neu Family Dental John Nordengren Sam & Robert Oliver Beth Pagnotta Jennifer Pelletiere Mary Kay & Dave Pepper William Plautz PRP Wine International, Inc. Elizabeth Rejman Ann Riebock Rocky & Jill Rojas Belle Roszman Douglas Rzepka Ana Sanfilippo Barbara & John Sehnert Gail & Don Sidman Silverado Senior Living Karen & Ron Spiekhout Carol & Frank Svoboda Kelly Trapp	Erin Twomey Diane Vos Hansen & Roy Hansen Sara & Greg Werner Wickstrom Auto Group Wisdom Bridge Marketing LLC	<b>\$100 - \$249</b> Crystal Joy Abbate Becky Aiello Jeani Allaway Susan J. Allen Elena Anastasiou Michael Anderson Molly Archibald Diane Erickson Ann Field Jan & Phil Fijal William Bey Shefali Bhuya Elizabeth Bodie-Gross & David Gross Helen Bongiorno Rina Boundy Breakaway Athletic Development Christopher Breneman Dennis Brodeur Judy & Mike Bruce Melissa & David Buckley Cyndi Burks Anna M. Bush Ann Marie Butera Cambridge Partners and Associates, Inc. Jeanne Cannon Margaret Capaccio Janice & Scott Capinegro Betty Captain Suzanne & Chester Carmer Pat Carron Elizabeth & Rick Cavenaugh Bill Coduto Dr. Sidney Cohen	Kaycee Coles Leah Colliester-Lazzari Dierdre Colombo-Butz Ellen & John Corey Meg & Bruce Crowther Ruth Curry Aaron Cwik Dr. Walter Dalitsch Jr Helen & Thomas Daly Wende Dau Julianne DeChaump Alison & Grant Duke Jim Earley Diane Erickson Ann Field Jan & Phil Fijal Louise & James Flannery Judy Fleming Jean & Alexander Forrest Ted Fountas David Fredin Ann & William Friskics Rita Galowich Liisa Gent Sue & Kevin Geshwender Todd Gierthy Kimberly Gray Terry & Deanna Griffin Subbarao Gundlapalli LeAndra Haight Claire Hamilton Robert Hamilton John Haniotes Reverend Jeanne Hanson Mary Ellen & Robert Henehan Darby & Tom Hills Dean Hoffmann Susan & Graham Hoggins Jen Hopwood	Doris Hoyme Meredith Jang Kristine Johnson Vickie & Alvin Johnson Penny Kazmier Barbara & Donald Kenney Beth & Dr. Lawrence Kerns Julie & Jim Kerr Marimarie Kinicek Kelly Kitsch Mary & Mark Kolar Jennifer L Kosar Nicole Koviak Sue Krcik Virginia & Bob Kruse Karen Lambert Scott Lendsford Duane Liggins Katherine Logue Michelle Lovelace Jennifer Lozzio Kathryn & Edwin Ludtke Leslie Luther Tiffany & Adam Marshall Beverly Matarese Dave Maude Cynthia A Mayo Mary & Dr. Lloyd McCarthy Carol McGregor Michelle Meier Kate Meyer Sherri Meyer Nancy M Miller Pete Miscinski Jill & Robert Miseyka Clare Mitchell Mike Moloney Kathy Moran Morizzo Funeral Home	Marguerite Morris Judith Musschoot Laura Nadelhoffer Beth & Paul Nielsen Batina Nolan Kathy Nuzzo Janine O'Leary Lanny Ori Rob Osmond Sue Padula Elisabeth Partyka Mary Pass Dr. Robert Passehl DDS Alyssa Pazdan Michele & Jeff Phillips Tonya & Nolan Pike Carolynn Pitzferro David Plote Kassy Polivka Jim Prescott Virginia Qualiardi Anna Lee & Lawrence Quinlan Dragana Rajic Bob Rebmann David Rebmann Kate Rebmann Barbara & Glenn Reed Jack Reich Linda Reinhard Kay & John Rennels Ellaine Reyther Nora Rice Libby & Todd Rieke Teresa Rizio Louise & William Robb Annette Roccapalumba-Garrett Aaron Roehl Carol & Michael Rolfs Amelia & Gerald Roper	Roger R. Ruhlin Carolyn & Jack Schaefer Nicole Schaller Vicki Scharringhausen Mary Schell Esther Schultz Karl Schulz Tracy Scurto Scott Sevon Sata Sexton Lesley Smith Suzanne & James Smith Patricia Spicuzza St. Matthew Lutheran Church Dr. Chris & Jamie Stephenson Phyllis Strang Patricia & Joseph Sullivan Carol & Frank Svoboda Jr. Maria Sweeney Michelle Thomas Danielle Thome Laura Thome Pat & Harry Tichnor Dr. Edmund Tobias Michelle & Stephen Vasey Diane & David Vick Tamara & Jim Voris Amy Wagner Bob Warren Rick Weaver Kim Weidner Sara & Greg Werner Carol Sherbondy White Angela Wilcox Betty & Raymond Wilke William Rainey Harper College Mary & John Williams Kathleen Wilson Steven Wind	Bruce Wojack Judith Wojcik Jennifer Wondrasek Heidi Zona Cynthia Zurawski Pam & Hugh Zwieg	<b>CORPORATE MATCHING GIFTS</b> Illinois Tool Works Network for Good - Northern Trust Employee Matching Grants PriceWaterhouseCoopers	<b>TRIBUTE GIFTS GIVEN IN MEMORY OR IN HONOR OF AN INDIVIDUAL</b> Mary Anderlick Edwina Barsano Dan Brockman Terri Channer Subbarao Gundlapalli Jeanne Kelley Linda Mansfield Pam McCord Ruth Nolan Joyce Palmquist	Every precaution was made to provide an accurate accounting of all of our wonderful donors. If perhaps we made any errors please let us know and accept our apologies.
----------------------------	--------------------------	--	---	--	--	--	---	--	---	--	---	---	---	---	---	--



# BACOA

Barrington Area Council on Aging  
REFRAMING AGING

6000 Garlands Lane, Suite 100  
Barrington, IL 60010

[www.bacoa.org](http://www.bacoa.org)

 Twitter #agingbetter

 Facebook

 SoundCloud

