Terri Channer was selected by the BACOA Board of Directors in the fall of 2018. She possesses decades of non-profit experience, previously served WINGS, a non-profit that supports people subjected to domestic violence as their Senior Director of Development for over 12-years. She recently worked as the Interim Executive Director of CASA McHenry County before joining BACOA.

Mrs. Channer resides in Hoffman Estates with her husband Chris.

2018 was a transition year at BACOA. Our long-time Executive Director Joyce Palmquist announced her retirement, continuing to guide the organization as we tended to a thorough executive search.

Your Board is truly excited about the appointment of Terri Channer as BACOA’s new Executive Director. One of the key assignments we’ve given Terri is the stewardship of a recently completed three-year strategic plan. Developed by your board with the expertise of a strategic consultant, BACOA’s long-term strategic plan calls for increased services to meet the demand for older adult activities throughout the northwest suburbs.

We are convinced that Terri has the business acumen, breadth of nonprofit experience and vision to take BACOA to the next level.

These are exciting times. People are living longer, seizing moments, and refusing to accept less than living to their full potential. We agree and will serve as a thought leader and extended family, dedicated to reframing aging, 21st century style.

Richard Resseguie
Board President

Older adults in the 21st century are working longer, exercising regularly, traveling extensively and on the go with grandchildren and great grandchildren. Our community includes a large population of older, energetic people seeking an active lifestyle. Gone are the days of retiring at 65 and watching the world go by.

BACOA is uniquely positioned to answer the call of this new generation of individuals that live life on their terms. We will build upon our proven experience and programs, continuing to lead the way in older adult services. Our strategic plan calls for the expansion of our geographic “footprint” and service delivery to several times the amount of clients we see today.

Careful strategic growth will require a substantial investment in human, physical and promotional resources to achieve our long-term growth goals. As we work to serve this rapidly expanding number of aging clients, BACOA will be expanding its scope of services, leaning toward a more active lifestyle.

I am honored to have been chosen as BACOA’s Executive Director. Over the past 35-years, our staff, volunteers, directorate and outside partners have created a family atmosphere for many who are facing life without traditional assistance.

My goal is to honor the past, excel in the present and remain committed to supporting active, independent lifestyles. You are invited to join me on this journey of reframing aging in the northwest suburbs.

With Gratitude,
Terri Channer
Executive Director

BACOA 2018-19 BOARD OF DIRECTORS

Richard Resseguie
President
Dr. James Barrett
Vice President
Joe Lucas
Secretary
Amy Graves
Treasurer
Terri Channer
Executive Director

Susan Grossinger
Charisse Jensen
Bob Koch
Peer Lykke
Scott McMahan
Rosss Ninnesso
Mary Anne Roeser
Mary Anne Roeser

EXECUTIVE DIRECTOR
The Barrington Area Council on Aging is a community thought leader, acting as an innovator, idea generator, as well as a provider of services for older adults. BACOA's work maximizes experiences and knowledge across generations.

**MISSION**

The Barrington Area Council on Aging promotes vibrant, healthy aging by providing information, advice and counsel, education, and support to adults, families, and caregivers.

**CORE VALUES**

- **Respect**
  Integrity, ethics, inclusion, and mutual respect are BACOA's bedrock principles. BACOA will always consider the rights, values, beliefs and talents of everyone it serves, including our partners, vendors and the community at large.
- **Compassion**
  We are committed to creating a healthier community, with compassion at the heart of all we do.
- **Stewardship**
  BACOA is a responsible steward of its financial and human resources. It adheres to the principle of excellence in all its actions, and its actions are guided by a respect for our clients, donors and the community.
- **Creativity**
  BACOA is on a mission to reframe aging. We use our collective imagination and collaborative skills to create innovative solutions that align with the needs of active adults in the 21st century.
- **Transparency**
  We conduct business in a straightforward manner, providing full disclosure of our policies, business operations, and strategic planning. BACOA is committed to open and honest communications and ensures transparency in all activities.
- **Informed Expertise**
  BACOA is an expert on aging, aging in place and the constructive roles older adults play in the lives of those in the communities we serve.

**CRITICAL PROGRAMMING**

BACOA’s critical programming ensures older adults receive essential care services when family or friends are absent or unable to assist. Our programming includes:

- **Case Management**
  - Clients in need of assistance with medical issues or service team management turn to BACOA. In many instances our client’s situation is critical, requiring anywhere from 40-60 hours of staff time per case. The BACOA staff devotes careful attention to the planning and implementation of a client’s care. Last year we assisted 50 clients with situations ranging from simple transportation to complete medical/service coordination.
- **Meals on Wheels**
  - BACOA served 3,978 hot, nutritious meals to clients with health challenges or low-income situations.
- **Government Service Assistance**
  - Improving lives & saving money
  - In fiscal 2018-19 BACOA’s Senior Health Insurance Program (SHIP) counselors saved 220 clients $147,995.31 on their medications through plan reviews and recommendations. BACOA SHIP Counselors receive specialized training to educate, counsel, empower and advocate for people needing assistance to make informed healthcare decisions. Drop again, BACOA volunteers, with assistance from an AARP Foundation grant, were able to provide free income tax preparation assistance to 263 clients. The average cost to prepare a simple 1040 was about between $176 and $273 for an itemized Form 1040 with Schedule A and a state tax return. Total savings to clients was approximately $59,043.
  - Additionally, BACOA staff worked with at-risk clients on the following government assistance programs:
    - 28 clients received 129 hours of Medicaid assistance.
    - 220 clients were provided with more than 300 sessions of Prescription - Medicare Part D counseling.
    - 127 clients met 205 times to receive Senior Health Insurance Program (SHIP) assistance.

**THE FRUITS OF OUR LABOR**

The Barrington Area Council on Aging leads the Northwest suburbs of Chicago as the primary resource for older adults, their caregivers and families. In fiscal 2019-20, BACOA provided social service referrals, programs and direct services to 1,100 individuals.

**OUTCOMES**

**WHO WE ARE & WHY WE DO**

**WHAT WE DO**

**2018-19**

**Govern ment Service Assistance — improving lives & saving money**

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Complications from a fall, a serious illness diagnosis or other challenges make many clients we serve quite vulnerable. BACOA provides a wide range of programs that assist our clients, their care partners and families through very stressful times. Our staff works with a client’s care team, providing activity and enabling people to live a safe, fulfilling life.

Last year BACOA served 1,100 older adults, caregivers or family members through support groups and programs. We combine live education presentations with a media library of information and resources, designed to provide guidance and improve the quality of life for all we serve. No matter what the health-related challenge may be, BACOA’s team is proud to be of service. We offer support group services for:

- **ALZHEIMER’S & CAREGIVERS** – A forum for care partners of people with Alzheimer’s and other dementias, this small group forum offers an enjoyable lunch, expert advice, educational materials and sharing of local care referral sources.

- **LOW-VISION** – Education and encouragement for individuals coping with restricted vision.

BACOA’s support programs include:

- **“A DAY OUT” ADULT DAY PROGRAM** – helping those with mild cognitive or physical impairments, and early stage memory loss connect and engage with others while providing much needed break for their care partners.

- **MEMORY CAFE** – A relaxed setting in a judgment free zone. Both participants and care companions get the opportunity to socialize and participate in fun activities together while making new friendships and offering support to one another.

- **ACTIVE LIVING PROGRAMMING** Research shows that remaining physically and mentally active is essential to healthy aging. Last year we served over XXX clients with a variety of activity programs. Our strategic plan calls for increased emphasis on additional physical and intellectual offerings.

In the fall of 2018 BACOA began work on an expanded communications program that deepens relationships with our clients and community. In November we launched the Reframing Aging Podcast on SoundCloud.com. We also distributed our newly redesigned Active Living Newsletter and a companion eNews version.

Featured guests are interviewed on the podcast and summary articles of their thoughts are published in our newsletter. We plan to expand our presence in social media, direct mail and public relations to raise awareness and expand the scope of our mission.

In the fall of 2018 BACOA’s “A DAY OUT” ADULT DAY PROGRAM offers socialization for those living with mild cognitive-related issues, while providing a much-needed break for their care partners. Participants are provided with a structured series of guided activities that incorporate discussions about current events along with special therapies that include art, pets, music, dance and yoga. These therapies are known to help slow the progression of Alzheimer’s disease and other related dementias. The program is facilitated by a Certified Geriatrics Practitioner who is assisted by trained volunteers.

The size of each group is limited to no more than 12 people to enhance the experience for all.

In the fall of 2018 we began a group art project that connected generations who worked together on a “Tree of Life” mural. A Day Out program members interacted with volunteers and the preschoolers from Lutheran Church of the Atonement to trace one another’s hands, used to symbolize the leaves on a giant tree that will adorn the Church’s gathering area.

During the project parents of preschoolers stopped by, showing their support of this multi-generational endeavor. Genuine smiles, tears and laughter were experienced over an age span of eighty plus years. For a brief time everyone worked without inhibition or limitation, they were neutrals. We encourage you to visit the program and learn more about the many benefits it provides to older adults and their families.

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SCHOLARSHIP FUND HONORS YEARS OF COMMITMENT
BACOA celebrated a scholarship more than 20 years ago for a Barrington High School senior who aspires to work in a profession related to the care of older adults. Recently, the name of the scholarship was changed to honor two individuals who have long had ties to the success of this program. Joyce Palmquist served as Executive Director of BACOA for 23 years until her retirement in the fall of 2018. Meg Peirce has served BACOA in a Board capacity for a similar amount of time and has been instrumental in sustaining the scholarship. BACOA is proud to rename this perpetual award the Palmquist Peirce Scholarship.

YEAR TWO DANCING EVENT SETS RECORD
Enjoying momentum from the inaugural Dancing with the Barrington Stars event, tickets sold out more than a week prior to the February 9, 2018 gala. A record crowd of 450 people attended, enjoying a lively night of socializing and cheering for dancers who brought their “A game.” Attendees watched a video that shared the story of a Barrington couple struggling to remain safely at home. The care team, orchestrated by a partnership between the Barrington Police (who had been called to the home numerous times for assistance) and BACOA, has helped them remain at home. The presentation made our guests aware of the growing need for aging adult supports, and the funding required, so BACOA can continue to meet the growing demand.

Dancing With the Barrington Stars is our largest fundraising event, netting over $120,000. BACOA’s board and staff are grateful to committee members, dancers, sponsors and volunteers who devoted numerous hours to make our second annual event a rousing success.

EXPANDING OUR CAPABILITIES TO SERVE MANY
During fiscal 2019-20, BACOA will focus on several initiatives that permit us to improve our systems and meet the demand of serving more clients. We will be upgrading our technology, investing in brand awareness communications, expanding partnerships, improving our donor relations and enhancing a capability and investing in additional programs that promote an active lifestyle.

FINANCIALS FISCAL YEAR 2018-19

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<th>Category</th>
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<th>Net Operating Revenues</th>
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FUNDRAISING AND BUDGET

BACOA VOLUNTEERS FISCAL 2019

It is difficult to quantify the difference our amazing volunteers contribute to the outcomes BACOA delivers for clients. We do know that we could not provide the variety of programs and support services without them. In fiscal 2018, 6,200 volunteer hours were logged by 250 volunteers. The dollar value of this volunteer team is approximately $153,078, as determined by Independent Sector, a Washington D.C.-based advocacy coalition for nonprofits. During 2019, Independent Sector valued one hour of volunteer time at $24.69.
10 READING ARMING

"Invaluable Meeting Discount"

SACSA ENDEAVOR
Cathy Schuler & Dennis Call

OBNF 2018 GIFTS $100,000 and above

St. John Community Foundation

$50,000 - $99,999

Richard A. Perritt Charitable Foundation

$25,000 - $49,999

Silverado Senior Living

$10,000 - $24,999

Dr. Douglas Pennino, DDS

$5,000 - $9,999

Mary Kay & Ken Morizzo

$2,500 - $4,999

Chris Bongiorno

$1,000 - $2,499

Amelia Batina

$500 - $999

Amelia Anastasiou

$250 - $499

Anastasia (Sami) G. Bokn

$125 - $249

Joe Caparos

$100 - $249

Joe Caparos

$50 - $99

Joe Caparos

$25 - $49

Joe Caparos

$10 - $24

Joe Caparos

$5 - $9

Joe Caparos

Our apologies.