As events of this past year have shown us, no one can predict the future. The best we can do is plan wisely for it, using what we know—and in BACOA’s year ahead, there are certainly some knowns.

**We will continue to provide needed programs and services to our community.** We will be the support network for those who need it most, whether it’s delivering meals, helping to navigate health care, assisting with tax returns, or just providing much-needed support and resources.

**We will continue to develop new programs** that will serve the wide variety of older adults’ needs and interests in areas such as health, recreation, and education.

**We will continue to refresh the look and feel of BACOA** with rebranding and a new website design to better remind our community to think of BACOA as the answer on how to age well.

I see this coming year as a time of great opportunity to continue to encourage BACOA’s approach for aging well. We can’t predict the future and we certainly can’t always predict how we’ll age. But we can plan for it—and however you choose to do it, BACOA will be there to help you do it best.

**LETTER FROM OUR BOARD PRESIDENT**

Dr. James Baird  
President, BACOA Board of Directors

**BOARD OF DIRECTORS 2019–2020**

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Amy Graves  
Vice President

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Mary Ann Roeser
You’ve heard it more than a few times in the last few months: We’re all in this together.

But that’s not a new realization for BACOA. For more than 35 years, our staff, board, volunteers, donors and community have worked together to provide the best ways for people in the Barrington area to age well. Because of these all-in efforts, older adults and their families have resources and programs to live better, learn more, and stay engaged.

Thanks to your support, we’ve been able to launch new programs this year, which you’ll read about elsewhere in this report: A regular education series, a revamped Memory Cafe, hobby and outdoor programs. Behind the scenes, with the guidance of Dr. Jim Baird and the BACOA board, we have made steady progress on implementing critical objectives of our Strategic Plan centered on reframing aging. For months we have been concentrating on rebranding the organization and plan to launch our new look over the summer.

And like you, we’ve also had to learn a new way of doing things. COVID-19 has meant a quick pivot in the way we deliver services, and we’ve added virtual programming—including support groups, informational programs and even bingo—to our lineup. It’s worked so well that we anticipate continuing our virtual programming through the end of the year as a great way to stay connected during the cold winter months.

We are able to do all of these things thanks to the generosity of those who support us. We’re looking forward to the year ahead, and all we can accomplish together.

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**LETTER FROM OUR EXECUTIVE DIRECTOR**

Terri Channer
Executive Director

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**BACOA STAFF**

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<thead>
<tr>
<th>Name</th>
<th>Position</th>
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<tbody>
<tr>
<td>Terri Channer</td>
<td>Executive Director</td>
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<tr>
<td>Sue McNamara</td>
<td>Director of Social Services</td>
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<tr>
<td>Pam Pellizzari</td>
<td>Memory Programs Director</td>
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<tr>
<td>Diane Vos Hansen</td>
<td>Social Services Coordinator</td>
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<tr>
<td>Janine O’Leary</td>
<td>Programs Coordinator</td>
</tr>
<tr>
<td>Cindy Schaar</td>
<td>Administration and Volunteer Management</td>
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The need for our core services—Meals with Wheels, case management, caregiver support, programs for those with dementia—has grown. But so have newer needs such as assistance with technology, guidance on benefits programs and a growing focus on older adults looking for activities, health information and ways to stay connected.

The programs and services offered in 2019-20 reflected this expansion in our outlook.

• In April 2019, a revamped Memory Cafe was launched with the Ela Area Public Library. This innovative program designed for people with memory loss and their care partners gives them a chance to take part in fun activities in a relaxed setting.

• We created the BACOA Knowledge Network, a monthly community education series featuring programs on age-related issues. Presentations were held at locations throughout the community and included such topics as medical marijuana and Alzheimer’s research.

• New social programming included trips to local performances, new game days in South Barrington, outdoor activities such as our Outsiders walking group, a presentation on sandhill cranes, and a variety of musical entertainment.

• We started the Easy Riders transportation service, helping fill a longstanding local transportation need for people who cannot drive.

In spring of this year, the outbreak of COVID-19 forced us to cancel all face-to-face services. Determined to stay connected with and serve our clients, we shifted to online programming. Careful planning and some experimentation allowed us to offer many of our regular programs virtually as well as add some new ones. It’s a whole new direction to explore that will help BACOA better serve our community.

And even if we couldn’t offer face-to-face service, we made sure that we kept our human connections strong. When the stay-at-home order started, Memory Programs Director Pam Pellizzari headed up the Sunshine Card project to deliver handwritten greetings to residents of local senior living facilities. BACOA volunteers, along with teachers and students from Countryside Elementary School, got to work, and by the end of May, more than 800 cards had made someone’s day a little brighter.

Since its inception in 1984, BACOA has taken a leadership role in innovating and expanding programs and services to meet the changing needs of older individuals in the Barrington area.
"I'm just relieved to know I have someone I can call," – Irene LaCesa

Two years ago, Irene didn't think she had anyone to call. Her daughter lives out of town, so after Irene’s husband Jim fell three times in one day, she was unable to get him up again. Her only option was to call the Barrington Fire Department for help. After taking care of the immediate emergency, the BFD could see the LaCesas’ needs have changed, and BACOA has been with them every step of the way. As Jim’s stability weakened, and the physical capabilities of both declined, Sue and George moved beds from the second floor to convert the living room into a cozy bedroom with easy access to the kitchen and bathroom. No longer driving, Irene and Jim now receive rides to medical appointments from George, while Sue continues to coordinate schedules with volunteers, doctors and caregivers.

Eventually it became clear Jim needed assisted living, and BACOA helped their daughter find and select a facility where both can live. Everything was set until COVID-19 upset the plans. Quick to adapt and find new solutions, Sue helped their daughter arrange for free community care in combination with a home care agency to cover the gaps while minimizing costs. Sue and George did grocery and personal shopping for the couple, and Sue continues to work with Jim’s physician to make arrangements for additional home health services, medication management and physical therapy. Meals With Wheels deliveries have been doubled, and she helped them change their prescription drug plan to save more than $1,000 annually. Once it becomes safe to move, Irene and Jim will be able to complete their plans and move to their new home—together.

"I try to enter her world as opposed to bringing her back into mine." – Ted Moeller

In 2015, Ted Moeller first noticed his wife Renée was losing her ability to put things together in the proper order. While wintering in Arizona, he observed she had become more confused and was experiencing memory loss. Renée was eventually diagnosed with frontotemporal dementia.

Their children have been involved in and supportive of all decisions about their mother’s care from the beginning. Yet even with the help of a care manager to navigate ongoing changes and provide another layer of support, Ted’s responsibilities for his wife’s activities of daily living increased. He knew he needed more support and found BACOA when searching for a group offering education, resources and networking.

Since joining the Alzheimer’s Support Group in 2018, Ted has attended meetings every month. The couple also began attending BACOA Memory Café programs which introduced Renée to new socialization situations. But even this stimulation proved to be outside of Renée’s “new world.” After 54 years of marriage—the last five as his wife’s caregiver—Ted knew he couldn’t keep doing it alone. He grappled with the decision to place Renée in a memory care facility until he found the clarity he needed at one of the Alzheimer Support Group sessions. In January, Renée moved to Waverly Memory Community in Arlington Heights. Ted continues to meet with the Alzheimer’s Support Group, and visits with Renée every day. He also tries to make self-care a priority with daily exercise and occasional golf outings. Since Renée’s move, the biggest change he has noticed—in addition to the relief of knowing his wife is safe and receiving the care she needs—is their relationship. They laugh and talk again as a couple, even after the COVID stay-at-home order, when they switched to Zoom, FaceTime, daily phone calls and window visits. Ted looks forward to the day when they can hug and laugh in person again.
BACOA receives generous financial support from many sources: individual donors, local government and businesses, local and national foundations, and through fundraisers. In February, more than 350 people attended the third Dancing with the Barrington Stars, our biggest fundraiser, which helped raise more than $180,000. This support allows us to continue services supporting older adults and their families as well as develop new programs to meet the changing needs of this growing demographic.

BACOA’s hard-working volunteers help prepare tax returns, deliver Meals With Wheels, handle in-home tasks for clients, provide Easy Riders transportation to medical appointments, and much more. Their dedication and support make it possible for BACOA to improve client outcomes, reach more people and expand assistance to seniors in nearby suburbs. Over the last year, 169 volunteers have contributed 4,516 hours of their time, and while their work is invaluable to those we serve, they also make an important difference in BACOA’s bottom line. According to data published in April, 2019 by Independent Sector, a Washington, D.C.-based advocacy coalition for nonprofits, one hour of volunteer time is currently valued at $25.43—making BACOA 2019-20 volunteers’ contributions worth $114,841.

### THE VALUE OF VOLUNTEERS

Fiscal Year 2019–2020

**Net Operating Revenue**

- Individual Giving: $145,221
- Fundraising Events: $219,199
- Contributions & Grants: $162,349
- Program Fees: $52,381
- Local Government: $46,669
- Barrington Area United Way: $24,000

**Operating Expenses**

- Programs: $334,459
- Management & General: $238,942
- Fundraising: $84,884

**Cash & Investments**

- Endowment, Restricted Investments: $737,728
- Investments: $22,486
- Cash: $262,972

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FINANCIALS
Every precaution was made to provide an accurate accounting of all of our wonderful donors. If perhaps we made any errors please let us know and accept our apologies.

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<th>$50,000 AND ABOVE</th>
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<th>$10,000–$24,999</th>
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<td>Mark J. O’Rourke Foundation</td>
<td>Beth Sakraska Foundation</td>
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**Barrington Area Chamber of Commerce**
- Jennifer Bellini
- Mara & Matthew Bregman
- Jan & Tom Broadfoot
- Ten & Christopher Chanter
- Church World Service, Inc.
- CEDA Community and Economic Development Association
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**The Barn Nursery and Anixter International**
- $1,000–$2,499
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- Rosemarie & Tom Mitchell
- the Atonement Foundation
- The Garlands of Barrington Foundation
- Barrington Area Community Foundation
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- Dan O’Neil
- Brenda Onesti-Cophernave
- Annette Dowell
- Pam DeLeon
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- Amy Cannon
- Kathleen Casey
- Diedre Colombo-Blitz
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- Jane & Gene Dawson
- Diane Demos
- Jana Dowell
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- Elite Remodeling Group
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- Alice Hanks
- Valissa Hilligoss
- Sharon Horrill
- Nita Hunter
- Christie & Jon Jensen
- Julie Creaser
- Mary & Mark Kolar
- Ginny Kruse
- Daphne Matthews
- McGonnigal’s Pub
- Robert Miseyka
- Christopher Mitchell
- Ted Mueller
- Susan Morris
- Fredric Nearing
- Sam & Robert Oliver
- Dr. Nisha Patel
- Remember Charlotte’s Lois Richards
- Rotary Breakfast Club
- Rotary Club of Barrington
- Ruth’s Chris Steak House
- Diane & Norval Stephens
- The Conwell Fund
- The Norb & Carol
- Schwarz Fund
- TVG - Medulla, LLC
- Wickström Auto Group

**FISCAL DONORS 2019–2020**

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<td>The Barn Nursery and Landscape Center</td>
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<td>Julie Joyce</td>
<td><em>Indicates Monthly Donors</em></td>
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<td>Michele Konie</td>
<td>Joseph Lucas</td>
<td>Every precaution was made to provide an accurate accounting of all of our wonderful donors. If perhaps we made any errors please let us know and accept our apologies.</td>
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**TRIBUTE GIFTS GIVEN IN MEMORY OR IN HONOR OF AN INDIVIDUAL**

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<th>Jo Collier</th>
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**CORPORATE MATCHING GIFTS**

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<td>Betty Wilke</td>
<td>Judith Wijocik</td>
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BACOA'S MISSION

The Barrington Area Council on Aging promotes vibrant, healthy aging by providing information, advice and counsel, education, and support to adults, families, and caregivers.